

non-ablative
fractional
resurfacing



PRE & POST CARE GUIDE

PRE-TREATMENT

- AVOID use of any medications that significantly compromise the healing response.
- 2 weeks before treatment: AVOID use of systemic steroids, Tretinoin (Retin-A®, Renova®) & exfoliating products. If possible, AVOID taking anti-coagulants or blood-thinning medications. *Only with the approval of prescribing physician.*
- AVOID sun exposure, tanning beds or creams in areas to be treated.
- A history of vitiligo, eczema, psoriasis, allergic dermatitis, autoimmune diseases, immunocompromised status, any diseases affecting collagen including Ehlers-Danlos syndrome, scleroderma & other skin conditions may affect a person's response to treatment.

POST-TREATMENT

- Immediately apply cool gel packs to soothe skin.
- Treated areas should not be picked at or scrubbed.
- For 24 hrs following treatment: AVOID makeup & moisturizers.
- Cleanse gently with non-irritating cleansers (i.e. SkinMedica® Sensitive Cleanser). Use only non-irritating cosmetics.
- For 1 to 3 days following treatment: AVOID excessive exercise.
- For up to 2 weeks following treatment & throughout course of treatment: AVOID all retinoids.
- AVOID sun exposure. SPF30+ is recommended.

PLEASE TURN OVER FOR POST-TREATMENT GUIDE

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