

BOOK NOW & RECEIVE \$50 OFF!

FRESH YOGA PRESENTS



Spiritual Life Coaching

with Sarah Shapiro-Barnard, LCSW

8 Week Course

Begins Tuesday, February 7th

CHANGE YOUR LIFE IN 8 WEEKS!

Sarah is a licensed psychotherapist who is trained in Jungian archetypal psychology. She is also a medical intuitive and combines her intuitive gifts and training in modern psychology to help you find your true Self and your true Gifts. Find a new career path, find a new love, find a new love inside of yourself, connect with your Higher Wisdom and simply experience more Joy in life. Sarah will guide you to clearly define your life vision, to create a clear path to success in any area of your life. You will connect to your higher Wisdom and receive direct guidance on steps to accomplish your hearts desire. The course will be part lecture and part experiential with tangible results!

WHERE: FRESH YOGA 2430 Dougall Avenue (inside the Superstore Plaza in Fresh Medical Spa)

WHEN: Starts Tuesday February 7th, 2012 6-8pm

COST: \$360 must be paid in full

REGISTRATION: Class size limited! Please register in advance
CALL NOW TO RESERVE YOUR SPACE! **519-967-1329**



Sarah has maintained a private psychotherapy practice for more than 19 years. She is a popular workshop leader and inspirational speaker. Sarah has guided hundreds of clients to success in many areas of their lives and to deepen their Spiritual journey. She is the author of *Divine Intervention* and the *Chakra Healing* audio CD.

Sarah's publications available on amazon.com.

*This course is not meant as traditional psychotherapy and is not appropriate for people suffering from severe mental illness or trauma.